



**Echt, Skene & Midmar**  
**Agricultural Association**

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## Trauma Teddy Knitting Pattern Instructions

Double knitting wool 1 pair size 11 knitting needles, head and paws (preferably fawn), scarf (should be bright)

Stuffing – please only stuff teddy with polyester or other healthy padding.

Foam rubber is NOT recommended

Cast on 10 stitches main colour. Knit 10 rows

Continue in garter stitch for 30 rows in trouser colour. Make another leg in the same way.

Knit across all 20 stitches and work 16 rows. Change to jumper colour and knit 24 rows.

Change to main colour for head and also change to stocking 5½ inches.

Change to jumper colour and knit 24 rows.

Continue remainder of Teddy in reverse order.

Stitch down the sides of the head. With jumper colour, pick up 8 stitches either side of the neck join (16 in all) and knit 20 rows.

Change to main colour and knit 10 rows for paws.

Sew up Teddy leaving opening in crotch.

Turn right side out and sew diagonal top corners for ears before stuffing.

After stuffing, run a thread through the knitting around the neck to draw it in.

Sew a happy face and for mouth use either stem stitch or back stitch.

Scarf: Cast on 75 stitches. Knit 4 rows and cast off. Tie scarf on Teddy the back of the neck, close to the jumper edge. Don't sew down at the front.

**Well done – you have just brought a smile to a child's face!**

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